

IMPACT REPORT

- 2022 / 2023 -

Registered Charity 1105063

Company Number 05067695

LAMBOURNE END LTD



ABOUT US

Lambourne End Centre for Outdoor Learning develops people, with a particular focus on young people with disabilities. Using our "54 acre classroom" and its unique blend of adventure, farm, and environmental activities, we aim to inspire people to make a positive contribution to their lives and communities. In a safe and welcoming yet alternative environment, we encourage people to stay healthy, have fun learning, build their confidence, raise their self-esteem, and experience a sense of achievement.



Limitless adventure is just the beginning

Recent years have seen the Centre grow tremendously and 2022/23 followed suit. We have strengthened our role as an established resource for the community with a personable, welcoming, and helpful team who take genuine pride and care in ensuring that every individual has the best time possible at Lambourne End Centre.

This year has seen several improvements to the Centre which have helped meet current demand and prepare for the future as we look to support our community even further. We have more weekly groups and regular visitors than ever before (**a record 17,776 people days this year**) as well as plans to become involved in new, exciting collaborative projects in the future.

This year, we have seen site developments to accommodate more people such as additional indoor space, changes to the staff team, and improvements to existing facilities.

This report will reflect upon the last 12 months of progress at LEC as it ties in with the monitoring data that staff work hard to collect in various forms.

Thank you to all the staff and volunteers who change the lives of thousands of people each year. This report will provide quantitative evidence of the outstanding effort they put in to make a difference in the lives of everybody who comes through the gate.

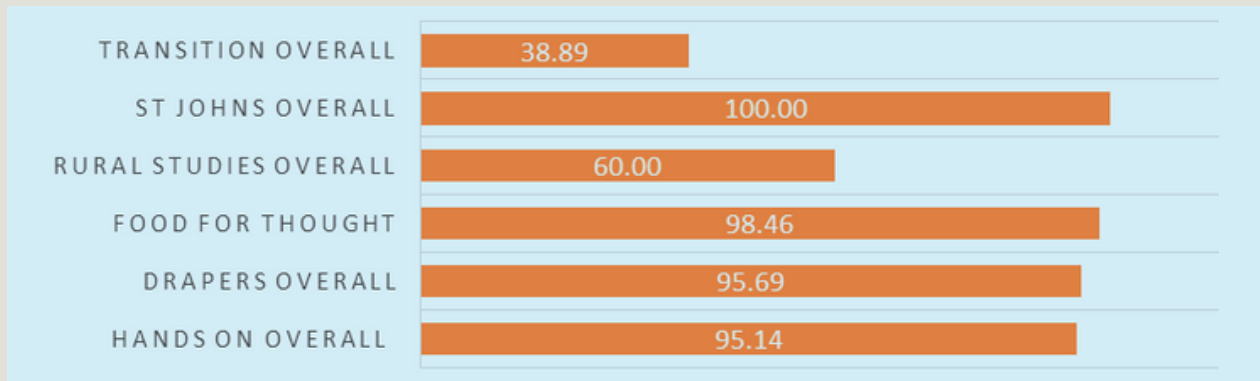
Rob Gayler, CEO



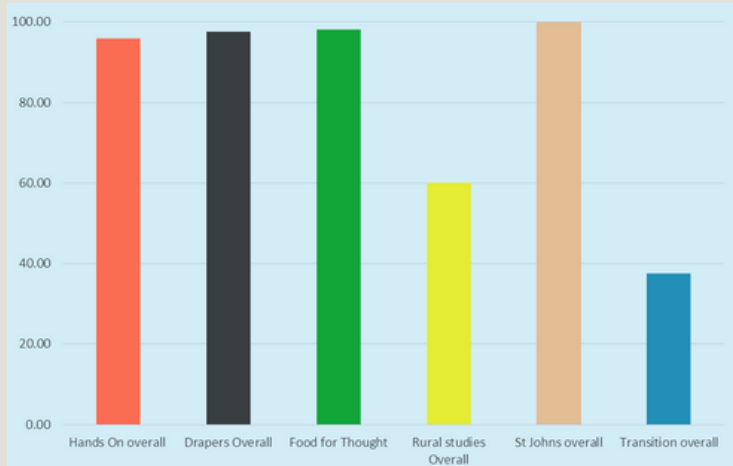
AT A GLANCE

2022/23 PSD Monitoring data (so far)

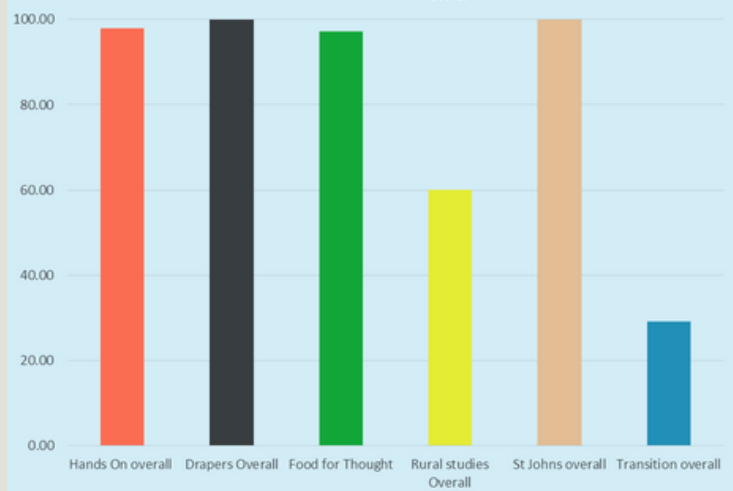
Met or positively working towards targets (%)



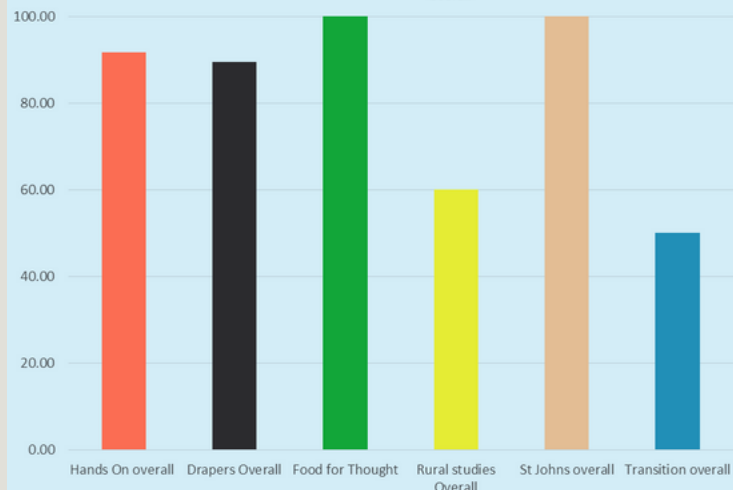
Met or positively working towards primary objective (%)



Met or positively working towards development objective (%)



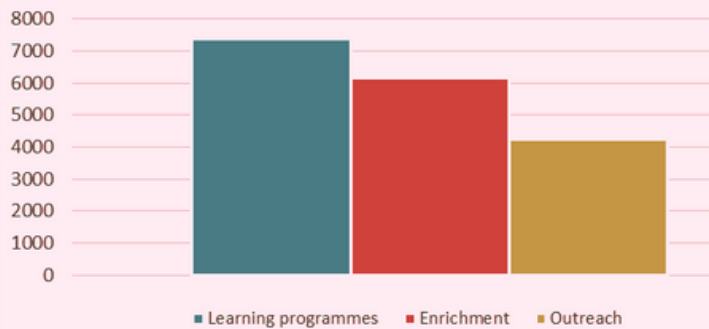
Met or positively working towards challenge objective (%)



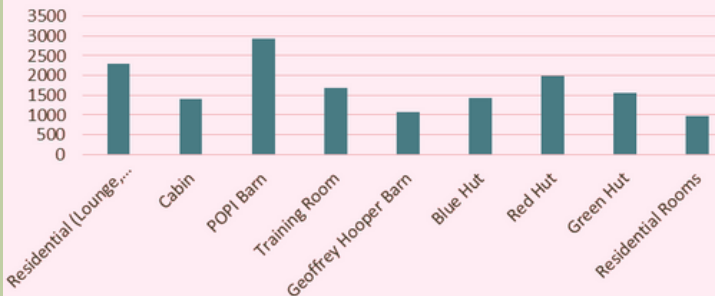
AT A GLANCE

2022/23 Day-to-Day Monitoring Data

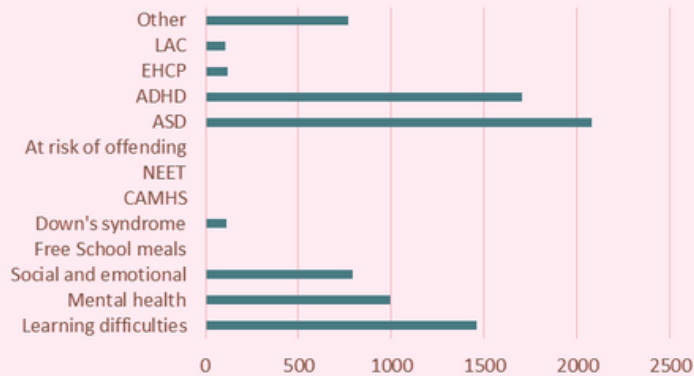
Number of individuals visiting LEC April 22 - March 23



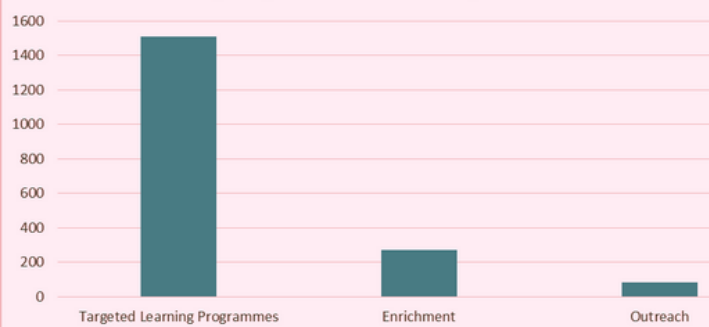
Number of individuals using rooms April 22 - March 23



Number of participants with additional needs April 22 - March 23



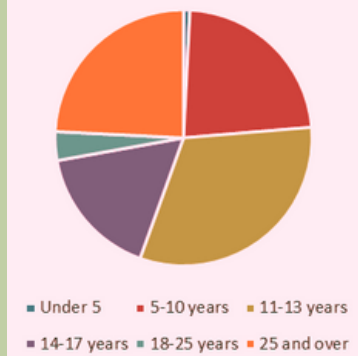
Transport provision overview April 22-March 23



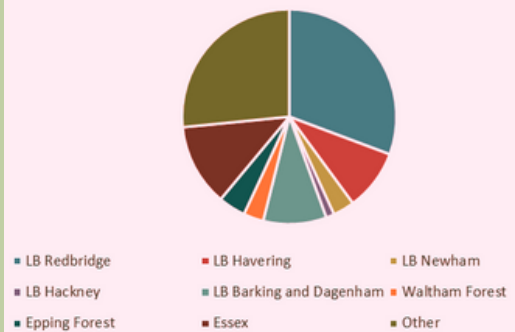
Number of users of 10 most popular activities April 22 - March 23



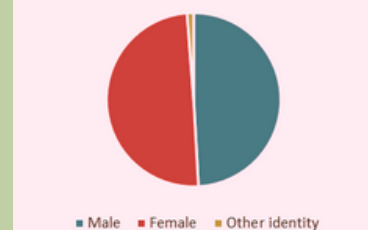
Age distribution of visitors April 22 - March 23



Locations of beneficiaries April 22-March 23



Breakdown of gender identity amongst participants April 22 - March 23





To best consider our progress in the last 12 months, we have measured ourselves against 4 of our 5 overarching goals from our strategic plan. Please see our annual accounts for an analysis of our governance and finance goals.

The term **person/people days** refer to the total attendance across the group rather than the number of unique individuals. Many beneficiaries visit multiple times a week – recording person days enables us to monitor our overall and personal impact.

TYPE OF WORK

Our Complementary Learning Programmes (CLP) have been longstanding services that focus on the development of people and skills through alternative provision. We run five CLP on a daily basis including Hands On (in conjunction with Wellgate Community Farm), Food for Thought, Rural Studies, Transition (with London Borough of Havering) and most recently, Common Ground.

Common Ground is our intergenerational project developed to address those struggling to transition out of COVID-19 lockdowns. Generations learn from each other, improve health & well-being and improve prospects by gaining new skills, improving fitness, or reducing social isolation. **11 individuals** attended during Common Ground's first full year, totalling **376 people days**.

Throughout the year they have engaged in maintenance and conservation tasks including tree planting around our new nature trail, putting up fencing, painting, and gardening. Below are some comments from participants:

"For people like myself, I am glad this course is running. I have needed something like this for years"

"Coming to Common Ground makes him feel proud of himself and worth something"

"I have enjoyed meeting people, getting out of the house and having new experiences"

SUMMARY

Focus on work that addresses people's long term transformation with sustainable results. This revolves around alternative provision, short breaks, employability and health and well-being programmes in addition to smaller groups and community work.



This year, we provided **7372 person days** to **352 individuals** across our CLP. Each of these individuals are subject to our Personal Social Development (PSD) Monitoring* tool developed in conjunction with Essex University's Occupational Therapy team. The data reflects how many individuals in each programme either met or are working towards their objectives in the Spring Term of 2022/23. It shows strong progress in our garden-based CLP's Food for Thought, St Johns and Drapers, and room for improvement in Transition and Rural Studies.

We provide Short Breaks days for young people with disabilities in our community in two types: 'Activity Days' and 'Family Days'. This year, we supplied **46 Short Breaks days** for **290 people (762 people days)**.

These days often supply some of our most generous feedback:

“Activities are well planned and even tailored to the children’s needs on the day and we are very grateful for this degree of consideration”

“It feels like we are in hands of people who care. The staff have built a special bond with our son that only happens when they make an effort to understand children as individuals”

“Lambourne End is one of a kind. There is no such location that provides so much to our children and in such close proximity to Redbridge like Lambourne End”

“Best place to send families to enjoy family days out, excellent staff, great outdoor space and activities”

THE SITE

The Centre regularly evaluates its facilities to determine needs, provision, and upgrades. This year has seen various developments including a new farm shop and refurbishments to the cabin, residential block, and outdoor swimming pool.

The new shop/reception opened in September thanks to the hard work of invaluable volunteers. It has been a welcome addition for all site users so far, bringing in £19,400 in 8 months (compared to around £10,000 in this time frame in the previous year) in sales of home-grown garden and farm produce, hand-crafted items, local business' products, LEC merchandise, drinks and snacks.

Despite its closure for repairs to the roof and floor for part of the year, 1418 people used the cabin.

It is used daily by APPLE, Newham's out of borough 'Alternative PRU Programme' education provision for young people struggling in mainstream settings.

SUMMARY

To continue developing our facilities and ensure that we are optimising their use.



*Our 'monitoring guide' is available upon request



The swimming pool has been a fundraising priority since 2020. It was built in 1936 and has been extremely well-maintained until it reached a point of requiring major repairs. Most of this is now complete with only surrounding groundwork remaining. Despite its closure, 2586 people used the pool this year through swimming (772), raft-building (811) and kayaking (1003).

The upgrades have seen relining the pool for a smoother, safer finish, installation of graduated steps to assist entry/exit to the water and levelling/resurfacing of surrounding areas to support mobility including a concrete path down to the pool.

Last year, the Centre erected a new hut primarily used by our CLP, Transition. The success of having additional indoor space used by 1571 people this year prompted the acceptance of a modular building donated by Alderton Junior School.

This building needed refurbishment and has been subject to fundraising efforts and a Crowdfunder campaign which altogether has raised £14,281 of the estimated £60,000 total.

Additional indoor space is a key target for the Centre's 2023-25 strategy. Therefore, the Board of Trustees has agreed that the remaining funds may be sourced from a large bequest left to the Centre in 2022. APPLE will use the new room regularly. Freeing up the cabin which will return an estimated £20,000 per year in group bookings and so the Centre believes it will recuperate its investment within around 2.5 years.



OUR TEAM

SUMMARY

To build a professional, inspirational, "in demand" team that is admired in our sector and allows us to attract the best people to work with us.

The Centre has seen unprecedented growth and changes amongst its staffing structure. Our Site and Facilities team has seen plenty of change: the Site Manager role is now a Site and Facilities Manager with an expanded team. There are now two Estate Workers, a part-time Maintenance Worker, a Hospitality Supervisor and a Cleaner. The previous format included a Site Manager, Maintenance Coordinator and Cleaner.

The Farm team has introduced a Farm Coordinator and an additional Farm Instructor. We have also expanded to include three new Assistant Instructors.

In addition, employees have not only seen a 'cost of living' salary uplift in April 2022, but as of April 2023, will see further increases as determined by benchmarking processes with HR Initiatives. This rewards existing staff and allows the Centre to become a more appealing workplace for prospective staff.

PARTNERSHIPS, COMMUNITY AND PROFILE

SUMMARY

Identify and maintain key strategic and tactical partnership organisations with whom we can develop programmes including other 3rd sector and community based organisations.



The success of our CLP's has generated desirable skills and experience amongst staff that is wanted by various groups including St John's School (**218 people days/10 individuals**), Drapers (**253/12**), Hopewell (**126/12**), St John's College (**6782/26**) and Beal (**46/6**) since September 2022, totalling **1321 people days** or **66 individuals**. We have also continued our ongoing partnership with Wellgate Community Farm for our **Hands On CLP (2049/52)**

Our two annual Open Days are expanding as important fundraising endeavours (September 2021 Open Day raised £7038 compared to **September 2022's £9256**) and as an opportunities to deepen relationships with local businesses.

Open Days hosted various stalls and vendors in 2022 including Sipp'd Drinks (whose products we now stock in our shop), Southern Counties Ice Cream, Kent Community Health Foundation Trust, Heavenly Creationz, Refill Cabin and Chicken Strip UK. We have also developed relationships with Leytonstone and Woodford Rotary Club and Brookside Garage who held a popular classic car show and raffle last year and have committed to doing so again this year,

The Centre also welcomed a new partnership with Bowden Bradley Estate Agents (BB) who pledged £10 to our Crowdfunder for every household that erected a board advertising the partnership outside their property.



50 local residents signed up, raising £500 for the project. In addition, BB shared our social media, recording promotional videos and have set up an initiative for homeowners to quote "BBLAMBOURNE" for £1000 off their selling fee with £500 donated to us.

Thanks to the dedicated efforts of staff, the Centre has become a BAPA Accredited Centre and has earned the Adventuremark badge and Learning Outside the Classroom badge. We have also achieved accreditation from Green Care Code of Practice

We have continued our relationship with Ernest Cook Trust who fund Outdoor Weeks of Learning (OWLs) at LEC and similar settings. Their collaborative values have allowed us to work with like-minded organisations to share ideas and advice.

AREAS FOR IMPROVEMENT

There has been an active effort to improve data collection over the last 12 months. Groups now receive a 1 page document explaining why we ask for their information.

We have highlighted areas of improvement for the coming year based on the figures provided in this document for more accurate and comprehensive results.

After discussing our monitoring collection with the User Forum, we have updated our forms to increase our chances of groups returning information.

Groups' additional needs response has moved from the feedback form given at the end of their trip to the register (fire check sheet) which is emailed to groups 2 weeks' ahead of their trip.

The User Forum, made up of users of the Centre, explained how groups often have information such as ethnicity or additional needs stored on their computers so can better enter this information ahead of the trip.

We have also added more locations to our spreadsheet for detailed categorisation rather than 'other location' such as LB Haringey, LB Tower Hamlets, LB Enfield and Hertfordshire.

Regarding our PSD monitoring, as displayed on page 3, Transition and Rural Studies are showing that only 44% and 60% of participants respectively have met or are working positively towards their targets.

We believe that we are having a stronger impact on these young people than the figures suggest. Upon reviewing processes, we are setting easier to measure outcomes and developing flexibility to change objectives throughout the term.

In addition, Transition participants come to us via LB Havering who are now experiencing more challenging behaviour students than before. Our PSD data reflects that shift and provides us an opportunity to determine the new need and improve our services and processes.

Our PSD Monitoring tool has been recently updated to provide more detailed progress information and we are pleased to have identified and addressed these issues within its first year.

WITH THANKS

Funders:

- Epping Forest District Council
- Bruce Wake Charitable Trust
- Four Acre Trust
- Leeds Building Society Foundation
- Boshier-Hinton Foundation
- Yellow Car Charitable Fund
- Essex Community Foundation
- NFU Mutual
- London Farms and Gardens Association
- Stewardship
- Jack Petchey Foundation
- Ernest Cook Trust
- George Dudley Herbert Trust

Partners & Supporters:

- Aston-Mansfield
- Wellgate Community Farm
- Institute for Outdoor Learning
- LAND
- Fundraising Regulator
- Mountain Training Association
- Duke of Edinburgh
- Permaculture Association
- CEVAS
- City and Guilds

Accreditation:

- Adventure Mark
- Learning Outside the Classroom
- BAPA
- Green Care Code of Practice

